

Food Options from Seaton Good Neighbours

Seaton Good Neighbours are local volunteers who are happy to help other Seaton residents during the Covid 19 Pandemic. They can collect prescriptions, get shopping, walk your dog or just call for a chat.

If you need help please email them on seatonrutland@gmail.com or text them on **07506 744288**. But, please give them as much notice as possible so they can minimise the number of trips they have to make. Here are some of the food options.

Fruit and Vegetables.

Faulkners of Uppingham Market - Nigel is still trading as normal at Uppingham Market for groceries; however, to save people queuing he is also offering 2 sizes of mixed fruit and veg boxes that may be pre-ordered for collection at his market stall on Fridays. Unfortunately, he can no longer provide tailored boxes for individuals to pre-order.

Nigel has asked all if all Seatonians could place their orders by texting Seaton Good Neighbours on 07506744288 by midday each Thursday. Hannah Melville will then collate the orders and arrange collection and delivery. Hannah will collect payment on delivery.

Details of the contents of veg box are given at the bottom of this note.

Gates Garden Centre - Gates' have closed their garden centre, cafe and farm shop to the public and no longer arrange deliveries, but they have introduced a new system for telephone orders for both garden centre and farm shop produce. You order and pay over the phone and then drive up and they pop the produce in your car avoiding physical contact! Call 01664 454309 to place your order.

FriendlyFruit - You can order a box of fruit to be delivered by courier directly to your door from the FriendlyFruit Company. A medium box costs £20 or a large box costs £30, or you can arrange a regular weekly or fortnightly subscription for slightly cheaper rates. The fruit is good quality and delivery is normally next day. See www.friendlyfruitbox.co/shop

Meat

Culpin & Son Family Butchers - Michael Culpin's shop on Uppingham High Street is open from 8.00am til midday on Mondays and from 6.30 til 1.00pm on Tuesday to Saturday.

In addition, you may order your meat direct from Michael on 01572 823325 for delivery by Caz each Friday. Just tell Michael that you want Caz to deliver it.

Northfield Farm - Northfield Farm now operates a stall at Uppingham Market. You may also pre-order boxes of meat, eggs, bread, milk and vegetables for delivery direct to your home.

Examples of their Standard box (£49.95) or their Premium box (£69.99) are available on their website, but you may call them and specify your own requirements if you prefer, and delivery is free on orders over £40.

Orders can be placed and paid for on their website or over the phone for collection at Uppingham Market. For latest product availability see www.northfieldfarm.com or call 01664 474271.

Fish

Denise the Fish Lady - delivers to Seaton on Monday mornings (approx. 11 - 11:30). She normally has a selection of fish including haddock, smoked haddock, salmon, tuna, prawns and kippers.

If you let Helen Coop know in advance she can either ask Denise to call on you, or collect your order and deliver to your door. Payments by cash or cheque.
Contact Helen: 07551 998987 helen_coop@msn.com

Neil Cavner & Son Seafoods

Neil and his sons (who operate the fish stall in Uppingham and Oakham markets) are delivering a full range of fresh fish and seafood to Seaton on Wednesdays and Saturdays.

Please call 07564711982 to place your order. Free delivery. No minimum spend required. Please pay by bank transfer before delivery or contactless payment on delivery.

Animal Food

For those struggling to get food for their animals, www.rutlandpetsupplies.com can deliver animal food and supplies for dogs, chickens, horses, sheep and even alpacas!

Alternatively, Anna Horrell has volunteered to collect and deliver Dodson & Horrell animal supplies (pet, horse, chicken food). Please contact Ellie on 07713056199

What's In Faulkner's Veg Boxes?

Box 1 £20

1.5kg potatoes 3 onions
5 carrots
1 broccoli parsnip cabbage
leek
4 tomatoes
1/2 cucumber
1 lettuce
1 spring onion 1 lemon
1 raspberry*
1 strawberry*
4 apples
4 bananas
5 clementines 1 bunch grape

Box 2 £35

2.5 kg potatoes 10 carrots
1 broc
1 cauli
2 parsnips large swede medium 3 leeks
6 onions
1 cabbage
6 tomatoes
2 peppers mixed
1 cucumber
1 lettuce
1 spring onion mushrooms cherry tomatoes 5 bananas
5 apples
4 pears
5 clementines
2 oranges
1 lemon
1 strawberry*
1 raspberry*
grapes
melon or pineapple plums

* 2 berries will be provided subject to availability, i.e. raspberry may be replaced by blueberries

